

WHAT WE DO AND WHEN

WEEKLY PROGRAMME

Tuesday

Advice and Guidance Project

4.30 – 6.00pm

Open Access

7.00 – 8.30pm

Thursday

Open Access and Positive Mental Health Project

7.00 – 8.30pm

Friday

Friday Night Project

7.00 – 8.30pm

New Project – April 2019 'I wanna be free to be me!'

A positive body image project focusing on celebrating being unique, managing media hype and unreal expectation young women face today, staying safe on line and building self-worth.

All our youth workers are qualified and have enhanced DBS checks. Please feel free to have a chat with us if you'd like to know more about our centre and the work we do.

Follow us on Facebook or visit our website site at

www.wigtonyouthstation.org.uk

Phone number is 016973 44200